

Winter NEEDS

With temperatures dropping staying warm, healthy, and safe is especially important.



It is particularly hard for the homeless when it's cold, and we know you want to help them, so we've made it easy.

Here are **7 BEST WAYS** you can help the homeless this winter.

1 GIVE

Make a financial donation to help The Union Mission care for the homeless in the cold winter months.

2 DONATE BREAKFAST FOODS

With almost 400 men, women, and children in our shelters daily, we often run low on breakfast foods like oatmeal, eggs, grits, cereal, bacon, and sausage.

3 GIVE MOST NEEDED ITEMS

Purchase their most needed items. Visit unionmissionministries.org to learn more.

4 CLEAN OUT YOUR CLOSETS

The homeless are susceptible to exposure and frostbite. Donate warm clothing like coats, hats, gloves, and scarves. Undergarments also needed (new ones please).

5 VOLUNTEER

Give the gift of your time. Contact our Volunteer Coordinator Cindy Smith at csmith@ummnorva.org.

6 GIVE CARE PACKAGES

Keep one in your car to give to those you see on the streets. Include ...

- Bottled Water
- Packaged Snacks
- Fast Food Gift Cards
- Socks
- Rain Poncho or Small Umbrella
- Hats, Gloves, Scarves
- Bus Pass
- Union Mission Information Card (print one from our website)

7 PRAY

Pray for those on the streets this winter.

Bring your donations to the Welcome Center.

THE UNION MISSION | 5100 EAST VIRGINIA BEACH BOULEVARD, NORFOLK, VA 23502
www.unionmissionministries.org | 757-627-8686

