

### Spaghetti Night is back!

One of the most popular ways to volunteer at the Mission is to prepare and serve a meal. Each night the Men's Shelter serves dinner to 250 hungry men... many just back from a long day at work.

# Prepare & Serve a Meal

#### The Union Mission Ministries

The Mission is currently signing up Churches, Businesses and other Organizations for Meal Prep and Service in the fall. Would your group enjoy working together as a team and serving our hungry, homeless neighbors?

## To donate or prepare a Spaghetti Dinner with salad, garlic bread and cookies for dessert, you will need:

- 30 lbs. of pasta
- 12 gallons of spaghetti sauce
- 40 lbs. of ground hamburger
- 16 heads of iceberg lettuce
- 16 cucumbers
- 16 tomatoes
- · 3 gallons of salad dressing

- 500 cookies
- 70 sub rolls cut into 4 slices or 25 loaves Italian bread cut into 10 slices
- For the garlic bread: garlic powder, parmesan cheese, and butter
- 250 styrofoam dinner plates, cups, napkins, sets of plastic ware

If you have another favorite recipe you would like to provide, let us know! It is the love and care that goes into a meal, and service with a smile that really makes it special.

#### Don't have the numbers to cook, but you want to serve?

\$450 will sponsor a meal and our cooks will prepare it. OR you can deliver all the supplies at least 3 days before your serving date and it will be ready to serve when you arrive.

Every meal served gives hope to hurting people!

Contact Christina Geisler at volunteer@ummnorva.org.